

# Northwell School Mental Health

## A School District Collaborative

The Behavioral Health Center provides timely access to mental health services for school-aged children and adolescents (ages 5-18) who need urgent mental health support. The dedicated center is designed as an alternative treatment setting for those who need urgent or same-day intervention, but do not necessarily require the services of the emergency room. The center is exclusively available for the students of our partnering districts. Our goal is to evaluate your child thoroughly and efficiently to make sure he or she gets the appropriate care. We strive to make your family's experience as pleasant as possible.

### We are here to help you!

**Assessment:** Our mental health clinician and child and adolescent psychiatrist will conduct a focused mental health evaluation, assessing immediate safety concerns and further mental health needs. If indicated and urgently needed, medication may be started in the urgent care setting.

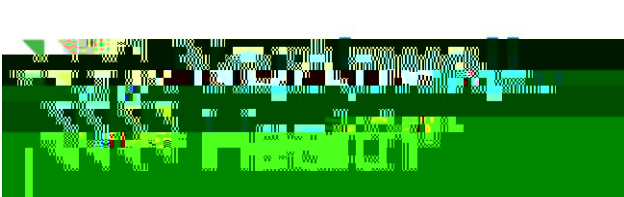
**Referral:** The center will provide resources and support to connect you with community based mental health treatment in your area, when indicated, which includes psychotherapy, psychiatry and case management services (for those not already in treatment).

**Coordination of care:** Our team will reach out to your child's referring school, pediatrician, outpatient provider or case manager to collaborate and communicate findings and recommendations.

**Transitional care:** We offer in-person short term care and/or telephonic follow-up until a connection with outpatient treatment can be established.

### Our location & hours

Mineola Behavioral Health Center  
156 First ctiohd.006 (lis)-2.992 (h)-4.006



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### Planning your visit

Appointments are available for same day/next day or as needed.

While we are a walk-in service, we do ask that families call us before coming in to ensure that there are minimal wait times and that we can continue to adhere to COVID precautions.

All children and adolescents must be accompanied by a legal guardian, for us to be able to conduct the evaluation. If you are a court appointed guardian, please have your proof of guardianship papers available.

Please bring your insurance card and contact information for your child's school, primary care provider and outpatient mental health providers.

If your child takes medication, please have names and dosages available.

All major insurance plans are accepted.

### Important Phone Numbers to Know:

- RVC Behavioral Health Center: 516-927-1630
- Mineola Behavioral Health Center: 516-321-5770
- South Oaks Hospital Admissions: 631-608-5885
- Cohen Pediatric Behavioral Health Urgent Care: 718-470-3148
- Cohen Pediatric Emergency Department: 718-470-3768
- Long Island Crisis Center: 516-679-1111
- Center for Hope: 516-216-5194
- National Suicide Prevention Lifeline: 800-273-8255

### Frequently asked questions

Will medication be started during my

Medication may be started when indicated, and all necessary information to start

